

Programme

la Parisienne



Vendredi 6 septembre

	Scène centrale	Zone Saloon	Village
		Espace concert Espace danse	Champ de Mars Taureau mécanique
10h	10h : Ouverture des portes	10h : Ouverture des portes	
15			
30	10h30 - 11h15		
45	Abdos de Gasquet		
11h			
15			
30	11h30 - 12h15		
45	Pilates		
12h	by Urban Sports Club x Ilycoach		
15		12h - 13h	12h - 13h
30	12h30 - 13h15	Wild Wild West	El Terrible
45	Strong Zumba	by B-SO	Toreador
13h		13h - 13h30	
15		Country by Chatswing	
30	13h30 - 14h		
45	Country Fitness by Poulette Fitness		13h30 - 14h30
14h		13h45 - 14h45	El Terrible
15	14h15 - 15h	Concert	Toreador
30	Happy Fit	by The Partners	
45	by Lisa Nasri	14h45 - 15h15	
15h		Country by Country Fun Attitude	
15	15h15 - 16h		
30	Ladies System Defense	15h30 - 16h15	15h30 - 16h30
45	by LSD Paris	Concert	El Terrible
16h		by The Partners	Toreador
15	16h15 - 17h	16h15 - 16h45	
30	BodyJam	Strong Zumba	
45	by Mehdi Ouanda		
17h		17h - 17h45	17h - 18h
15	17h15 - 18h	Concert	Walk
30	Jumping Fitness	by Ian Scoot	by Newfeel
45		17h45 - 18h15	17h - 18h30
18h		Happy Fit by Lisa Nasri	BodyBalance
15	18h15 - 19h		by i-Run
30	Athletic Yoga	18h15 - 19h	17h30 - 18h30
45	by Urban Sports Club x The Yoga Factory	Concert by Ian Scoot	El Terrible
19h			Toreador
15	19h15 - 20h	19h15 - 20h	
30	Bodyattack	Old Town Road	
45	by Mehdi Ouanda	by B-SO	
20h			